BioFoundation-G™
Multiple Vitamin & Mineral Formula
Supports Healthy Glucose Metabolism

Product Summary

A broad spectrum and highly bioavailable multivitamin and mineral, BioFoundation-G’s formulation uses clinically driven research to provide the nutritional foundation needed for the modern environment. This complete multi contains clinical doses of nutrients such as N-acetyl-L-cysteine and R-alpha-lipoic acid, well established to increase cellular levels of glutathione, the most prevalent intercellular antioxidant. Glutathione is one of the most important conjugators of numerous environmental and endogenous toxins. It is known to be depleted not only by xenobiotics, but also by chronic conditions such as diabetes, as well as inflammatory and neurodegenerative diseases.

Glutathione support is linked to lower rates of cell death and apoptosis. BioFoundation-G provides physiologically relevant doses of hepatoprotectors such as milk thistle, antioxidants, mitochondrial bioenergetic enhancers such as CoQ10, and co-factors for critical detoxification enzymes. It contains 2000 IU vitamin D3, 45 mcg vitamin K2 and 200 mg niacinamide per serving, more than most existing multivitamin formulas. It also provides the biological modifiers natural trans resveratrol and green tea phytosome, nutrients shown to have anti-inflammatory, anti-obesity, anti-aging, cardiovascular, and stress related benefits.

Unique Features

• Provides rate limiting nutrients for glutathione production, necessary for xenobiotic detoxification
• Full spectrum multiple vitamin and mineral, with 2000 IU vitamin D3 per serving
• Contains clinical doses of resveratrol, lipoic acid, CoQ10, milk thistle, and green tea extract
• Broad spectrum antioxidant support, including bilberry and citrus extracts, lipoic acid, lycopene, and lutein
• Highly bioactive and bioavailable nutrients, such as pyridoxal-5-phosphate and vitamin K2 (Menaquinone 7)
### Supplement Facts

**Serving Size:** 6 Tablets  
**Servings per Container:** 30

#### Vitamin A (palmitate)

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<th>Each Tablet Contains:</th>
<th>Daily Dose</th>
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<td>500 IU (150 mcg RAEE), 1,500 IU (450 mcg RAEE)</td>
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#### Vitamin B1 (Thiamine Hydrochloride)

- 25.5 mcg
- 75 mcg

#### Vitamin B2 (Riboflavin)

- 75 mcg
- 225 mcg

#### Vitamin B3 (Niacinamide)

- 125 mcg
- 375 mcg

#### Vitamin B6 (Pyridoxine Hydrochloride-Pyridoxal 5'-Phosphate)

- 25 mcg
- 75 mcg

#### Vitamin B9 (Folic Acid)

- 83 mcg
- 249 mcg

#### Vitamin B12 (Methylcobalamin)

- 167 mcg
- 501 mcg

#### Para-Aminobenzoic Acid (PABA)

- 41.7 mg
- 125 mg

#### Choline Bitartrate

- 41.7 mg
- 125 mg

#### Inositol

- 41.7 mg
- 125 mg

#### Vitamin C (Ascorbic Acid)

- 167 mcg
- 501 mcg

#### Vitamin D3 (Cholecalciferol)

- 333 IU (8.3 mcg)
- 999 IU (25 mcg)

#### Vitamin E (alpha-Tocopherol)

- 33.3 mg
- 100 mg

#### Vitamin K2 (Menatetrenone) (MK-7) (Natto Bean)

- 7.5 mg
- 22.5 mg

#### Lecithin (Citrus) (leaf, seed) (13% EGCG)

- 12.6 mg
- 37.5 mg

#### ResveratrolRich® Proprietary Blend

- (Wine Grapefruit) (36% Anthocyanosides)
- (Vitis vinifera) (fruit) (36% Anthocyanosides)
- (Citrus limon, Citrus sinensis, Citrus paradisi)
- (leaf, seed) (13% EGCG)

#### Green Tea Phytosome®

- 4.2 mg
- 12.6 mg

#### Coenzyme Q10 (Microorganism)

- 8.3 mg
- 25 mg

#### N-Acetyl-L-Cysteine

- 50 mg
- 150 mg

#### Calcium (HVP* Chelate)

- 16.7 mg
- 50 mg

#### Chromium (Polynicotinate)

- 33.3 mcg
- 100 mcg

#### Copper (HVP* Chelate)

- 170 mcg
- 510 mcg

#### Vanadium (Citrate)

- 50 mcg
- 150 mcg

#### Selenium (L-selenomethionine)

- 0.8 mg
- 2.4 mg

#### Molybdenum (Citrate)

- 66.7 mg
- 200 mg

#### Potassium (Citrate)

- 6.8 mg
- 20.4 mg

#### Zinc (Citrate)

- 25 mcg
- 75 mcg

#### Bitter Melon Extract (Bitter Melon Extract) (fruit) (36% Anthocyanosides)

- 6.6 mg
- 20 mg

#### Citrus Bioflavonoid Extract (Citrus limon, Citrus sinensis, Citrus paradisi) (fruit, flower)

- 3.5 mg
- 10.5 mg

#### Coenzyme Q10 (Microorganism)

- 8.3 mg
- 25 mg

#### Choline Bitartrate

- 41.7 mg
- 125 mg

#### ResveratrolRich® Proprietary Blend (Nine Grape (Vitis vinifera) (fruit), Purified Japanese Kashiwabusa (Polygonum cuspidatum) (root))

- 33.3 mg
- 100 mg

#### Providing Natural Trans-Resveratrol

- 16.7 mg
- 50 mg

#### HVP: Hydrolyzed Vegetable Protein   **EGCG: epigallocatechin-3-gallate**

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### Non-medicinal Ingredients

- Microcrystalline cellulose, croscarmellose sodium, coating (carbohydrate gum [cellulose], glycerin), vegetable grade magnesium stearate (lubricant).

- Contains no artificial colours, preservatives, or sweeteners; no dairy, sugar, wheat, gluten, yeast, egg, fish, shellfish, salt, tree nuts, or GMOs. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.

### Recommended Adult Dose

- 3 tablets per day with meals, 2 hours before or after taking other medications, or as directed by a health care practitioner.

### Contraindications

Consult a health care practitioner if you are taking blood thinners, or if you are pregnant or breastfeeding. Consult a health care practitioner prior to use if you have diabetes or kidney stones, or if you are taking sulfonylureas or blood pressure medication. Consult a health care practitioner prior to use if you have diabetes or kidney stones, or if you are taking sulfonylureas or blood pressure medication.

### Interactions of Vitamin K Supplementation

May decrease the efficacy of warfarin, or require more close monitoring of its administration. This product contains nutrients known to reduce hypertension and hyperglycemia, and may require lower dosing or discontinuation of related medications.

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For professional use only. This product is not intended to diagnose, treat, cure or prevent any disease.  

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**PRODUCT OF CANADA**  
Bioclinic Naturals® Canada  
Burnaby, BC V5N 4T6  
www.bioclinicnaturals.com  
1-844-384-7502

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**Bioclinic Naturals® products are guaranteed to meet or exceed Good Manufacturing Practices (GMP) of the U.S. Food and Drug Administration (FDA), Health Canada, and the Therapeutic Goods Administration (TGA) of Australia.**