VITAMINS THAT MAKE SENSE!

ANTI-INFLAMMATORY FORMULA

Key Ingredients

Berberine
Berberine, a key component in Phellodendron and Golden Thread, is perhaps best known as an effective anti-inflammatory agent. Several studies have shown that it prevents the production of potent initiators of inflammatory processes in the body.

Turmeric Extract
Studies have shown Turmeric to significantly reduce pain and disability from arthritis. Research indicates Turmeric to have protective effects on the liver, an anti-tumor action and an ability to reduce inflammation and fight certain infections.

Rosemary Leaf Extract
Rosemary has been used extensively to relieve muscle pain and spasm and to support the circulatory and nervous systems. It has also been studied for its potential in the prevention of Cancer and for its antibacterial properties.

White Willow Bark Extract
White Willow Bark Extract is used routinely for the treatment of fever, headache and inflammatory conditions such as arthritis. Studies show that the extract provides significant pain relief in these conditions.

Holy Basil
Studies show that Holy Basil extract provides significant relief of inflammatory symptoms including pain, stiffness and swelling.

Other Ingredients
Anti-Inflammatory Formula provides additional inflammation reducing ingredients like Ginger, Yucca and Green Tea along with the powerful anti-inflammatory actions of enzymes.

Anti-Inflammatory Formula

“I read that internal inflammation leads to Heart Disease and Cancer. I take Anti-Inflammatory Formula as a preventive.” – Lynn

“I have poor circulation because of my Diabetes and am on Coumadin for blood clots. My doctor suggested I take Anti-Inflammatory Formula as a safe way to help me.” – Chris

“I take Anti-Inflammatory Formula and my Fibromyalgia is so much better. I don’t hurt all the time now.” – Patty

Supplement Facts

<table>
<thead>
<tr>
<th>Amount Per Serving</th>
<th>%Daily Value</th>
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</thead>
<tbody>
<tr>
<td>Berberine (equivalent to 600mg of Phellodendron 29% Extract and 80 mg of Golden Thread 5% Extract)</td>
<td>89 mg †</td>
</tr>
<tr>
<td>Turmeric Extract (provides 95% curcuminoids)</td>
<td>200 mg †</td>
</tr>
<tr>
<td>Rosemary Leaf Extract (provides 2% oil)</td>
<td>300 mg †</td>
</tr>
<tr>
<td>Polygonum Cuspidatum (as 10% extract)</td>
<td>80 mg †</td>
</tr>
<tr>
<td>White Willow Bark Extract (provides 15% salicin)</td>
<td>135 mg †</td>
</tr>
<tr>
<td>Green Tea (as 40% extract)</td>
<td>50 mg †</td>
</tr>
<tr>
<td>Holy Basil (as extract)</td>
<td>100 mg †</td>
</tr>
<tr>
<td>Ginger (as extract)</td>
<td>100 mg †</td>
</tr>
<tr>
<td>Yucca (as herb powder)</td>
<td>50 mg †</td>
</tr>
<tr>
<td>L-Histidine</td>
<td>25 mg †</td>
</tr>
<tr>
<td>Enzyme Complex (provides pancreatin, trypsin, bromelain, amylase, lipase, lysozyme and chymotrypsin)</td>
<td>25 mg †</td>
</tr>
</tbody>
</table>

†Daily Value not established.

Other Ingredients: Gelatin, magnesium stearate, silica and stearic acid.

Available at:

For more information on this and other Vita Logic products, please visit us online. www.vitalogicvitamins.com

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to treat, cure, prevent or diagnose any disease.
What Makes Vita Logic's Anti-Inflammatory Formula Unique?

Formulated by a team including researchers, scientists and medical doctors, the nutrients and herbs contained in Anti-Inflammatory Formula are specifically combined to prevent inappropriate inflammatory responses and reduce current inflammation.

Contains proven ingredients backed by research:

Treatment with a formulation containing Holy Basil for the period of 3 months produced significantly greater relief of pain and decreased morning stiffness. – *Indian Journal of Pharmacology*

These findings suggest that Curcumin exerts beneficial effects in Colitis and may, therefore, be useful in the treatment of Inflammatory Bowel Disease (IBD). – *British Journal of Pharmacology*

It is concluded that the Willow Bark Extract showed pain relieving effects in Osteoarthritis and appeared to be well tolerated. – *Phytotherapy Research*

What Is Inflammation?

Inflammation is the first response of the immune system to infection, irritation or injury. Although its purpose is to protect and promote healing, too much inflammation can do just the opposite. It can occur anywhere in the body including in the joints and tendons, on the skin, in organs like the liver or pancreas and even in arteries and veins. In fact, inflammation may be present in multiple areas at the same time.

Inflammatory conditions are common and affect many people. In fact, nearly everyone will be affected by inflammation at some point. Common inflammatory conditions include Arthritis, Gout, Bronchitis, Psoriasis, Colitis, Diverticulitis, Bursitis and Tendonitis. Inflammation is even speculated to be a contributor to diseases like Diabetes, Alzheimer’s, Heart Disease and Cancer. Inflammation is present in nearly all autoimmune diseases and occurs after most injuries.

When inflammation occurs, inflammatory substances are released resulting in increased blood flow and movement of fluid into the affected area. This process often produces the classic symptoms of inflammation including pain, redness, swelling, heat, stiffness and loss of mobility. Inflammation may also be associated with general "flu-like" symptoms including, fever, chills, fatigue, loss of energy, headache, loss of appetite and muscle stiffness.

If left untreated, chronic inflammation can lead to further irritation and destruction of healthy cells. Unfortunately many people turn to prescription or over-the-counter medicines to treat inflammation. Side effects of these medicines include ulcers, internal hemorrhage, breathing difficulties, seizures, heart, kidney and liver failure, blood clots, asthma and stroke. As a result more people are turning to natural anti-inflammatory supplements like Anti-Inflammatory Formula, which combines ingredients that are well documented for their roles in reducing inflammation.

Who Should Take Anti-Inflammatory Formula?

• Do you take an aspirin once a day?
• Do you need Celebrex, Naprosyn, Tylenol, or aspirin for pain relief?
• Do you eat a proinflammatory diet that includes meat, chicken, fat or sugar?
• Do you suffer with chronic inflammation?
• Do you have an inflammatory disease such as Diabetes, Heart Disease, Blood Clots, Arthritis, High Cholesterol or Cancer?
• Do you have poor circulation?
• Do you have Colitis, Gastritis, Diverticulitis or any Bowel Disease?

The more you answered yes, the more Anti-Inflammatory Formula may help you.