Discover The Difference. Try MiraLAX®.

The Only Brand Clinically Proven to Relieve Constipation Without Harsh Side Effects†

MiraLAX® works naturally with your body, so take MiraLAX at your first signs of constipation. The sooner you take MiraLAX, the sooner you get relief — with none of the harsh side effects:

- No bloating
- No cramps
- No gas
- No sudden urgency
- No taste
- No gas
- No grit

Available in 7, 14, 30 dose and 10 count single dose packets.

#1 recommended laxative by doctors, pharmacists and gastroenterologists

Don’t Wait to Feel Great™

Generally produces a bowel movement in 1 to 3 days. Use as directed for occasional constipation.

†Excluding other Polyethylene Glycol 3350 laxatives.

© 2013 MSD Consumer Care, Inc. All rights reserved.
Nothing Works Better Than MiraLAX® For Constipation Relief†

What is MiraLAX?
• MiraLAX is different from other laxatives.™ MiraLAX works with your body to provide effective relief from occasional constipation with no harsh side effects – so you can get on with your day.
• MiraLAX draws water into your colon to unblock your system naturally. This allows you to have a comfortable, complete bowel movement without harsh side effects. MiraLAX does not cause bloating, cramps or gas.

What is Constipation?
Occasional constipation or irregularity occurs when your bowel movements become difficult or when they happen less frequently than normal. It can throw off your daily routine.

What’s normal? It depends on the individual. Normal can range from a bowel movement three times a day to three times a week. Normal stools are soft and formed, and passed without straining. Only you can determine what’s normal for you. Only you can determine when your bowel movements are difficult to pass or happen less frequently.

Symptoms of constipation may include:
• Abdominal discomfort
• Gas
• Bloating
• Straining
• Fatigue
• Achiness
• Irritability
• Lack of energy
• Saline laxatives work by pulling water into the intestine. These laxatives can remove electrolytes.

Try MiraLAX for occasional constipation.

Don’t Wait to Feel Great™

†For relief without harsh side effects.
*Excluding other Polyethylene Glycol 3350 laxatives.
Generally produces a bowel movement in 1 to 3 days.
Use as directed for occasional constipation.