There are combinations of standardized extracts of quality herbs which traditionally have been used to support and facilitate deep internal detoxification, while nurturing and strengthening the liver. The main function of the liver is to detoxify and purify the internal system. There are herbal combinations that support and balance liver functions.

Ayurvedic herbs are gaining widespread recognition as powerful healing agents. For over 5,000 years in India, the following herbs and foods have been successfully used to treat and prevent liver disease. Current research shows that they are effective, both in helping the body cope with modern environmental pollutants and aiding old age problems such as hepatitis and liver congestion.

(please see ingredient list on back page)
**Andrographis Paniculata**  
This herb has long been used as a tonic for treating liver and heart conditions. Research reveals that it possesses positive ionotropic effects and has alterative, anesthetic, febrifuge and anti-inflammatory properties.

**Apple Juice Concentrate**  
Apple juice concentrate is commonly used for anemia, liver and spleen disorders.

**Belleric Myrobalan**  
An astringent, styptic tonic, expectorant and laxative used in dysentery, bronchitis and liver diseases.

**Berberis Aristata**  
This bitter tonic has traditionally been used for liver diseases, gallstones, jaundice, giardiasis, amebiasis and ulcers. Studies reveal it to have significant alterative, astringent and immune stimulant activities.

**Calotropis Gigantea**  
An analgesic, anti-inflammatory and anti-viral agent used in asthma, rheumatoid arthritis and viral hepatitis.

**Phyllanthus Amarus**  
Phyllanthus amarus has been used in jaundice, diarrhea and hepatitis B. It has demonstrated astrinquent, stomachic and diuretic effects.

**Picrorhiza Kurroa**  
This herb is used in giardiasis, amebiasis and liver diseases because of its anti-protozoal, anti-parasitic, cholagogue and liver diseases. Alone and in various combinations, these herbs have been used for: hepatitis, viral hepatitis, hepatic cirrhosis, liver cirrhosis, biliary cirrhosis, seatorrhoea, anorexia, malnutrition, malabsorption syndrome, amebiosis, liver congestion, sluggish liver, alcoholism, and hyperlipidemia. They have also been used for heavy metal toxicity and drug toxicity due to chemotherapy and cancer fighting drugs, antibiotics, barbiturates, corticosteroids, oral contraceptives and anti-tubercular drugs.

**Tephrosia Purpura**  
A tonic and laxative proven useful in liver cirrhosis, lymphatic blockage and elephantitis.

**Terminalia Chebulic**  
This herb is used for liver and spleen enlargement, chronic dysentery, diarrhea and colic pain.

**Tinospora Cardifolia**  
Contains anti-inflammatory and antibacterial properties. Tinospora cardifolia is used in chronic liver, chronic diarrhea and liver diseases.

**REFERENCES:**


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**Livit 2™**

**90 tablets**

**Supplement Facts**

<table>
<thead>
<tr>
<th>Serving Size: 1 tablet</th>
<th>Servings Per Container: 90</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amount Per Serving:</td>
<td></td>
</tr>
<tr>
<td>Tephrosia purpura</td>
<td>50 mg</td>
</tr>
<tr>
<td>Picrorhiza kurroa</td>
<td>50 mg</td>
</tr>
<tr>
<td>Belleric myrobalan</td>
<td>50 mg</td>
</tr>
</tbody>
</table>

*Percent Daily Values (DV) not established.

Other Ingredients: In a proprietary blend of Tephrosia purpura, Phyllanthus amarus, Swertia chirata, calotropis gigantea, Raphanus sativa, Berberis aristata, Terminalia arjuna, Belleric myrobalan, Terminalia chebula, Emblica officinalis, Solumun nigrum, androgaphis paniculata, Apple juice concentrate and binding materials (dicalcium phosphate, stearic acid, magnesium stearate, silicon dioxide).

**Suggested Use:**

One tablet, three times daily or as directed by your physician.

**Caution:**

If pregnant, consult your physician before using this or any other product.

**DO NOT USE IF SEAL IS BROKEN. KEEP OUT OF REACH OF CHILDREN.**

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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