Product Specifications

GABA-Pro™  
Fast Acting Calming Effect  
100% Natural GABA  
100 mg

Product Summary

Gamma-aminobutyric acid (GABA) is one of the major inhibitory neurotransmitters in the central nervous system, balancing the excitatory effects of glutamate on neuronal activity. The inhibitory effects of GABA are generally considered to lessen anxiety, relax muscle tension, and have sedative-like effects. In addition, conditions such as anxiety, depression, insomnia, and epilepsy have all been associated with low GABA concentration or activity. GABA has also been shown to cause a significant increase in alpha brain waves compared to control, indicative of a more relaxed state, as well as better concentration. In a clinical trial involving patients with a fear of heights, GABA-Pro was found to increase salivary levels of sIgA while crossing a suspension bridge, as compared to the control group whose salivary IgA levels dropped 35%. This is indicative of the stress reducing effect of GABA-Pro.

Increasing GABA activity is also a therapeutic target for many medications used in the treatment of insomnia, often by targeting GABA receptors. This has the effect of decreasing waking, shorten sleep latency, and increasing slow-wave sleep.

Unique Features

• Improves calmness and relaxation with daily stress, reduces the negative effects of caffeine consumption, and complements other antistress supplements  
• Fast acting, effects can be felt in as little as five minutes and can last from four to six hours  
• GABA-Pro uses Pharma GABA™, the natural form of GABA which is superior to the synthetic. It is naturally manufactured via a fermentation process that utilizes Lactobacillus hilgardii, the bacterium used to ferment vegetables in the preparing the traditional Korean dish kimchi.  
• Gentle and non-addictive with virtually no side effects  
• Easy to swallow and highly bioavailable vegetarian capsule

GABA-Pro™  
Fast Acting Calming Effect  
100 mg  
90 Vegetarian Capsules  
Code: 9284  
NPN: 80051092

Actual size: 19.22 mm X 6.72 mm  
Feature: Vegetarian capsule

FOR PROFESSIONAL USE ONLY. This product is not intended to diagnose, treat, cure or prevent any disease.  
© All Rights Reserved Bioclinic Naturals® 2015, January 2015. 50216  
Bioclinic Naturals is distributed by Assured Natural Distribution Inc.  
Head office Assured Natural Distribution Inc., 104 – 3686 Bonneville Place, Burnaby, BC, Canada V5N 4T6  
U.S. Distribution office 14224 167th Avenue SE, Monroe, WA, USA 98272  
customer service 1 877 433 9860 · fax 1 877 433 9862 · email customersupport@bioclinicnaturals.com
Supplement Facts

Serving Size: 2 Vegetarian Capsules
Servings per Container: 45

Each Capsule Contains:
Gamma-Aminobutyric Acid (GABA) ................................................................. 100 mg
(from 125 mg Pharma GABA™ 80 Complex)

Non-medicinal Ingredients: Rice powder, vegetarian capsule (carbohydrate gum [cellulose], purified water), vegetable grade magnesium stearate (lubricant), silica.

Contains no artificial colours, preservatives, or sweeteners; no dairy, sugar, wheat, gluten, soy, egg, fish, shellfish, animal products, salt, tree nuts, or GMOs. Suitable for vegetarians/vegans. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.

Recommended Adult Dose: 1–2 capsules 3 times per day or as directed by a health care practitioner. Consult a health care practitioner for use beyond 4 weeks.

Recommended Use: GABA (gamma-aminobutyric acid) is an important neurotransmitter and is known to be the brain’s natural calming agent. GABA-Pro helps in proper functioning of the brain and nerve cells, which produces a focusing and calming effect. GABA-Pro can quickly promote relaxation and ease nervous tension without causing drowsiness.

Contraindications: Consult a health care practitioner prior to use if you are pregnant or breastfeeding. Do not use with alcohol. Keep out of reach of children.

Drug Interactions: No known drug interactions have been documented; however a theoretical concern exists for interaction with CNS depressants.

References: